School Committee
Wellness Sub Committee
Agenda
Monday, February 25, 2019
5:00 PM
Activity Room
Ashland Middle School, 87 West Union St, Ashland, MA 01721

5:00 PM  1. Open Meeting - Call to Order
2. Review Minutes October 29, 2018
3. Public Comment
4. Policy Updates
5. Communication with community
6. Metrowest Adolescent Survey
7. Wellness Policy Goals
   -Nutrition Promotion
     Lisa Beaudin
   -Nutrition Education
     Lisa Beaudin
   -Physical Activity/Education
   -Social Emotional Well-Being
     Responsive Classroom
     Say Something
   -Other School-Based Activities to Promote Student Wellness
     Audrey LaCroix
   -Nutrition Guidelines for Reimbursable Meals and Competitive Foods
8. Goals
9. Other
10. Next meeting dates
    May 20, 2019

6:15 PM  11. Adjournment