



Town of Ashland

MASSACHUSETTS

ASHLAND SCHOOL COMMITTEE WELLNESS SUB-COMMITTEE MEETING MARCH 31, 2026

School Committee

Laurie Tosti, Chair
Marc Terry, Vice Chair
Christina Fitanides, Secretary
Paul Kendall, Member
Marcy Culverwell, Member

School Administration

Jim Adams, Superintendent
Dr. Michael Caira, Assistant Superintendent
Chris Mathieu, Director of Finance and Operations

Location: Online Virtual Meeting

<https://meet.google.com/mkw-hnsq-qjk>

AGENDA

Projected Timeline

3:00 PM

4:00 PM

Order of Business

1. Open Meeting- Call to Order
2. Review of Agenda
3. Public Comment
4. Approval of [1/20/26 Minutes](#)
5. Review and revision of the following policies: [JLCA-Physical Examinations of Students](#) and [JLCD-Administering Medicines to Students](#).
6. Vote to accept the revisions to the above mentioned policies and send to the Policy Subcommittee
7. Andrea Plichta: Follow up on teaching CPR to students grades 5-12
8. New Business/Member Updates
9. Adjourn