TOWN OF ASHLAND
CORONAVIRUS - COVID-19 INFORMATION GUIDE

ASK NON-EMERGENCY COVID-19 RELATED QUESTIONS AND REPORT CONCERNS

WEBSITE ASHLANDMASS.COM/765/COVID-19-2020
HOTLINE 508-532-7900
EMAIL COVID19@ASHLANDMASS.COM

STAY INFORMED

- Check for updates on our website ashlandmass.com
- Sign up for the Town Manager's Newsletter at ashlandmass.com and click "Notify Me"
- Watch WACA's programming on your local cable channel or online: wacatv.com

REMOTE SERVICES

- Watch WACA for Board Meetings and Announcements from the Town Manager
  - Watch Us On:
    - Verizon Channels: Public 39 | Education 40 | Government 45
    - Comcast Channels: Public 8 | Education 96 | Government 11
    - Online: wacatv.com
- Pay bills online at ashlandmass.com. Convenience fees will be waived during COVID-19 crisis
- Pay bills by dropping them off in the drop box on the left side of Town Hall
  (on the opposite side of the parking lot)
- Donate to The Ashland Emergency Fund: ashlandemergencyfund.org/
- Call individual departments to conduct business; 508-881-0100

IF YOU NEED HELP

- Engage virtually
  - Contact Human Services: 508-532-7942 | humanservices@ashlandmass.com
- Food Assistance
  - Ashland Food Pantry 508-532-7942
  - Ashland's Restaurant & Resident Relief Program (3R Program)
    - Call 508-532-7900 between the hours of 8am-12pm on Monday and Fridays to order meals and will be delivered directly to your home between 12pm-1pm Tuesday - Thursday
    - Ashland Public Schools offers Grab and Go meals for students PreK-12th.
      - Contact Lisa Beaudin, nutrition@ashland.k12.ma.us

MONITOR SYMPTOMS

- If you feel unwell contact your local healthcare provider
- Review the Center for Disease Control and Prevention's Guidelines on cdc.gov. Emergency Warning Signs Include:
  - Fever, cough, difficulty breathing or shortness of breath, Persistent pain or pressure in the chest, new confusion or inability to arouse, bluish lips or face

PRACTICE SOCIAL AND PHYSICAL DISTANCING

- Do not gather in groups
- Do not shake hands or hug
- Continue to wash hands frequently
- Maintain a 6 feet proximity distance when around others

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