Step 1

- **Symptomatic Patient** sees doctor and begins "isolation"
- COVID-19 test is sent to lab/testing facility
- Doctor is notified, who then notifies patient
- MAVEN is updated with the positive case and the Town Board of Health is notified
- Nurse calls the positive patient for additional information and notifies the individuals that were in contact with the patient.

Step 2

- Positive patient and contacts begin quarantine
- Nurse calls positive patient after 7 days for symptoms review. If patient doesn’t have symptoms after 3 days, they are considered recovered.
- Contacts that remain in quarantine for full 14 days and monitor for potential symptoms. If no symptoms are present during this time, they are released.

Additional Information

- Sometimes doctor skips testing, assumes it’s COVID-19, and tells the patient to isolate (not reported)
- Asymptomatic patients with a positive test must isolate for 7 days.

Citation

- This data is represented by the Ashland Board of Health on 4/21/2020
- As of date, these guidelines are subject by the Center of Disease Control, and are subject to change.