



TOWN OF ASHLAND

CORONAVIRUS - COVID-19 INFORMATION GUIDE

Social/ Physical Distancing Requirements and Guidelines

- Social distancing means maintaining a **6 foot distance** from other people.
- Public gatherings of **10 or more people are prohibited.**
- Starting March 17 through April 7, on-site food and drink consumption is prohibited at any restaurant or bar. Eateries are allowed to continue or begin take-out or delivery services. This is going to have a significant impact on our businesses. **The Town of Ashland is partnering with local restaurants and the Ashland Emergency Fund in a program to simultaneously address economic and food security concerns of our residents and businesses.** I would ask you to utilize our restaurants take out and delivery services or purchase gift cards to help sustain them.
- Grocery stores and Pharmacies **WILL** remain open but will be asked to enforce social distancing practices.
- Visitors are **banned** from nursing homes, assisted living facilities, and rest homes.
- Hospital will **restrict and limit visitors to their facilities.** They will also be cancelling all non-essential elective procedures.
- Wearing masks and gloves in public settings are [suggested by CDC](#)
- [Helpful Guidelines for using protective gear](#)

Monitoring Symptoms

Use [CDC's guidelines](#) to monitor symptoms if you believe you are infected with COVID-19 and contact Primary Care your Provider.

Buoy Health's free Online Symptom Checker

Individuals can use Buoy Health's free online symptom checker to connect with telemedicine options. This tool is not a substitute for professional medical advice, diagnosis, or treatment. If you are experiencing a life-threatening emergency that requires immediate attention please call 911 or the number for your local emergency service. Buoy is available at www.buoy.com/mass and is available in both English and Spanish.

Testing Sites

Primary care physicians should be contacted first. Local hospitals will be screening for Coronavirus as well.

[AFC Urgent Care](#) at 38 Boston Post Road West in Marlborough is seeing patients with respiratory-related and possible COVID concerns. Patients will have TeleHealth visits, including a video with our provider and if needed drive-up flu, strep, and COVID testing. Please call us at 508-658-0764 option 5 to register. Patients with non-respiratory symptoms will be seen in the clinic as usual. The hours of operations are M-F from 8 to 8 pm and weekends from 8 to 5 pm.

[Reliant Medical Group](#) Reliant Medical Group patients for COVID-19 when clinically appropriate. Call your provider at Reliant Medical for more information.

[UMass Memorial Medical Center](#) will start drive-through coronavirus screening in a special facility at its University Campus in Worcester for certain patients

[Metrowest Medical Center](#) is offering drive-through coronavirus testing at the Framingham location. Patients are asked to first complete an online assessment.

Complete List of current Massachusetts Covid-19 Testing sites: <https://www.mass.gov/doc/ma-covid-19-testing-sites/download>

Donate Blood

Donate blood 20 minutes away at [Woonsocket Donor Center](#) 2168 Diamond Hill Rd
Woonsocket, RI 02895

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